

AUGUST 2023

RIO DEL ORO ELEMENTARY SCHOOL

Questions or concerns Contact Nutrition Services (530) 743-4428 or mdelong@plusd.org

Thursday Friday Wednesday Tuesday Monday 3 2 All meals are served with the choice of 1% white milk or nonfat chocolate milk. 10 9 8 17 Fresh Baked 15 16 14 Cinnamon Roll Bagelful Bagel w/ Cream Cheese Bagel w/ Cream Cheese Cereal Bowl Cereal Bowl Variety of Fruit & Juice Variety of Fruit & Juice Fresh Baked 23 24 21 22 Pancake Wrap Cinnamon Roll Mini Pancakes Mini Waffles Mini Cinni Bagel w/ Cream Cheese Cereal Bowl Cereal Bowl Cereal Bowl Cereal Bowl Cereal Bowl Variety of Fruit & Juice Turkey Sausage [3] 30 28 Breakfast Pizza French Toast Sticks Parfait & Granola Pop Tarts Bagel w/ Cream Cheese Bagel w/ Cream Cheese Bagel w/ Cream Cheese Bagel w/ Cream Cheese Cereal Bowl Cereal Bowl Cereal Bowl Cereal Bowl Variety of Fruit & Juice lease be advised – All menus are subject to change without notice due to ongoing nationwide food supply shortages and prod continue our best efforts to serve our students with the best products available.

We appreciate your patience and understanding as we work with our distributors to navigate through the shortages.

USDA is an equal opportunity provider, employer, and lender.



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Monday	Tuesday	Wednesday	Thursday	Friday
All meals are served with the choice of 1% white milk or nonfat chocolate milk.		2	3	4
7	8	9	10	
14	15	16	Corn Dog Or Cheesy Pull Apart Steamed Peas Broccoli – Salad - Carrots Pear – Diced Peaches Chips	Domino's Smart Slice Che Or Pepperoni Pizza Caesar Salad – Cucumber Sticks – Baby Carrots Variety of Fruit Chocolate Chip Cookie
Pizza Pocket Or Chimi Nada Green Beans Baby Carrots – Salad Apple – Pineapple Chunks Fruit Roll Up	Chicken Quesadilla Or Bean & Cheese Burrito Refried Beans Broccoli- Salad Orange - Diced Pears Goldfish Crackers	Taco Nada Or Cheese Quesadilla Steamed Corn Broccoli – Salad - Carrots Pear – Diced Peaches Chips	Chicken Nuggets Or Grilled Cheese Sandwich Tater Tots – Baby Carrots Salad-Apple - Mixed Fruit Ice Cream Cup	Domino's Smart Slice Che Or Pepperoni Pizza Caesar Salad – Cucumber Sticks – Baby Carrots Variety of Fruit Chocolate Chip Cookie
Twin Cheeseburgers Or Super Pretzel w/ Cheese Green Beans Baby Carrots – Salad Apple – Pineapple Chunks Fruit Roll Up	Chicken Sandwich Or Cheese Calzone Baked Beans Baby Carrots – Salad Orange – Diced Pears Chips	Hamburger Or Pizzaboli Roasted Broccoli Baby Carrots – Salad Apple – Mixed Fruit Rice Krispie Treat notice due to ongoing nationw	Orange Chicken Rice Bowl Or Edamame & Rice Bowl Stir Fry Veggies Baby Carrots – Salad Apple – Mixed Fruit Ice Cream Cup	

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